PCYC TASMANIA

Delivered in Proud Partnership with PCYC North and PCYC South

Reset Opportunities for Youth

Impact and Legacy Report 2024 - 2026

Proudly supported by the Australian Government through the U25-GO Program

FOREWORD

When young people are given opportunities, trusted relationships and a sense of belonging, they are capable of achieving remarkable things.

Young people thrive when they are connected, supported and given opportunities to succeed.

Reset Opportunities for Youth (ROY) was created in response to a growing need to support young people experiencing disengagement, social isolation and other emerging challenges impacting their wellbeing and future pathways. Through strong partnerships between PCYC Tasmania, PCYC North and PCYC South, ROY brought together decades of local youth engagement experience into a single statewide initiative focused on positive youth development, school connectedness and developmental crime prevention.

Between October 2024 and June 2026, ROY engaged 589 young people across 41 schools and 17 local government areas. More importantly, it provided opportunities for young people to build confidence, develop new skills, strengthen relationships and reconnect with their education, communities and future aspirations.

Behind these achievements are hundreds of stories of growth, resilience and success. Stories of young people stepping outside their comfort zones, discovering new strengths and realising their potential. These outcomes were made possible through the dedication of youth workers, educators, community partners, families and the young people themselves.

One of the most significant achievements of ROY was the establishment of a strong evidence base. Through a comprehensive evaluation framework and independent evaluation process, the project demonstrated the value of relationship-based, community-connected early intervention and strengthened our understanding of what works for young people.

The impact of ROY extends well beyond the funding period. The learnings, partnerships and evidence generated through the project have informed PCYC Tasmania's broader Continuum of Support and continue to influence future approaches to youth engagement, early intervention and developmental crime prevention across Tasmania.

This report celebrates what was achieved, what was learned and the lasting legacy created through collaboration, innovation and a shared commitment to Tasmania's young people.



D. J. Thurley

Debra Thurley

President PCYC Tasmania

ROY AT A GLANCE

**Data based off program engagement between October 2024 and June 2026*



589
YOUNG PEOPLE

41
SCHOOLS

89
SERVICE PROVIDERS

84%
ATTENDANCE RATE

17
LGA'S COVERED

BUILDING POSITIVE FUTURES



102 FIRST AID CERTIFICATES

72 WHITE CARDS

40 BARISTA TRAINING

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THE ROY EFFECT

Independent evaluation of statewide ROY delivery across four school terms (2025) indicate positive outcomes across all evaluated cohorts. Findings suggest ROY was effective in strengthening a range of protective factors associated with educational engagement, community participation, work readiness and positive future pathways.

INDEPENDENT EVALUATION FOUND:

- Improved connection to community
- Increased confidence
- Increased motivation
- Improved problem-solving skills
- More positive attitudes towards future education and employment
- Stronger sense of belonging
- Reduced Police contact among many participants

> *I AM MORE CONFIDENT TO TRY NEW THINGS AND GIVE IT MY BEST SHOT*
>
> ROY Participant

*Outcomes varied across regions and age groups, with positive findings demonstrated across all evaluated cohorts.



Across all evaluated cohorts, police data identified substantial proportions of participants with no recorded contact following program participation, with particularly strong outcomes observed among secondary school participants. The evaluation identified encouraging reductions in offending-related indicators and increases in protective factors.

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THE STORY BEHIND ROY

For many years, Regional PCYC clubs across Tasmania delivered successful youth engagement programs in their local communities. The U25-GO Program created an opportunity for PCYC Tasmania, PCYC North and PCYC South to unite this collective experience within a shared statewide model, expanding access to early intervention and positive youth development opportunities for young people aged 10–17 years across the state.

BEFORE ROY

PCYC NORTH

- RESET
- ASENT

PCYC SOUTH

- YOUTH WORKS

Established youth engagement programs delivered through regional clubs across Tasmania

STRONG DEMAND FROM SCHOOLS
Growing demand for early intervention, youth engagement and school-connected support

STRONG LOCAL DELIVERY MODELS
Successful local programs created opportunities for broader reach and impact

AUSTRALIAN GOVERNMENT U25-GO PROGRAM
An opportunity to bring regional success together under a shared statewide model

ROY

A unified, evidence-informed youth engagement initiative delivered across Tasmania, supporting young people aged 10-17 through positive relationships, skill building, and meaningful opportunities

BUILDING THE CONTINUUM

ROY became the foundation for PCYC Tasmania's Developmental Crime Prevention Continuum of Support.

TIER 1
Universal Prevention
Building connection, confidence, and protective factors for all young people

TIER 2
Early Intervention
Responding early to emerging risks and supporting engagement

TIER 3
Intensive Support
Providing coordinted multi-agency support for young people with complex needs

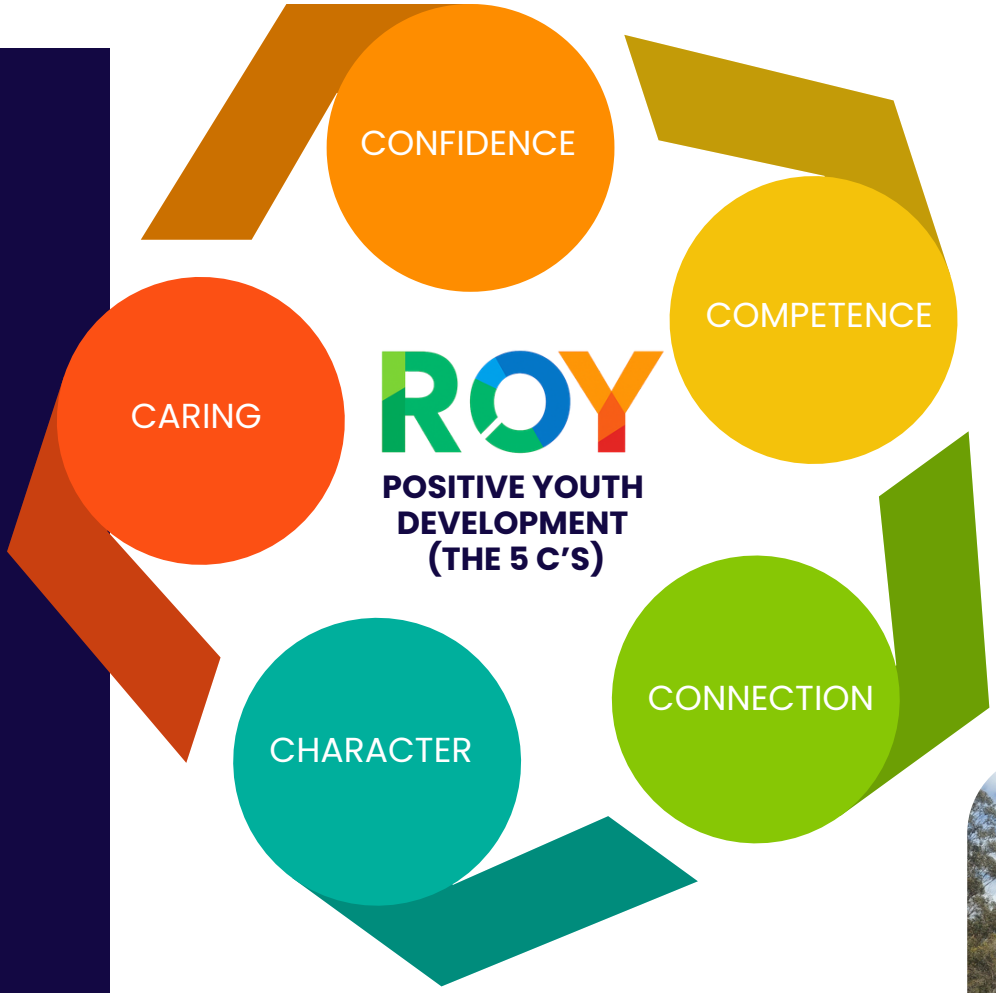
THE ROY MODEL

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The ROY model is built on a simple belief:

WHEN YOUNG PEOPLE ARE PROVIDED WITH POSITIVE RELATIONSHIPS, MEANINGFUL OPPORTUNITIES AND COMMUNITY CONNECTION, THEY ARE MORE LIKELY TO DEVELOP CONFIDENCE, RESILIENCE, BELONGING AND SKILLS NEEDED TO THRIVE.

Drawing on principles of positive youth development, developmental crime prevention, school connectedness, experiential learning, and responsivity to individual needs, ROY provides a flexible, strengths-based approach tailored to the needs of young people, schools and communities.









THEORY OF CHANGE



THE ROY EXPERIENCE

ROY programs typically engage up to 10 young people of a similar age for one full day per week over a school term (8–10 weeks). Programs are generally delivered off campus in community settings, although some schools choose to host activities on school grounds.

No two ROY groups are the same. Each program is tailored to the unique needs, strengths and interests of participants, drawing on school input, local opportunities and participant voice. Sessions combine relationship-building, hands-on learning and shared experiences through adventure-based, vocational, cultural and community activities designed to build confidence, connection, resilience and positive future pathways.

ROY COLLABORATORS

7

80+ providers working together to improve outcomes for young people across Tasmania.

COLLABORATION IN ACTION

ROY was built on collaboration. By bringing together schools, community organisations, government agencies and local services, the program created a statewide network of support for young people.

Partnerships strengthened support pathways, increased access to opportunities and ensured young people could connect with the services and supports they needed.

89 partners contributed to the delivery of ROY across Tasmania.

IT TAKES A COMMUNITY



VOICES OF ROY

The strongest evidence of impact came from the young people, families, educators and communities who experienced ROY firsthand.

Click below to watch the ROY Story and hear their experiences in their own words.

CLICK HERE!

ROY



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BUILDING AN EVIDENCE BASE

One of ROY's most significant achievements was the establishment of PCYC Tasmania's evaluation framework, providing independent evidence of program impact and outcomes. We are now measuring youth outcomes consistently across programs

STRONGER EVIDENCE, BETTER OUTCOMES

By combining multiple data sources, ROY has established a robust evidence base that demonstrated the value of early intervention, relationship-based practice and community partnership in achieving positive outcomes for young people



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Evaluation findings indicate participants valued the program highly, with opportunities to try new experiences and enjoyment of activities consistently identified as major contributors to positive participant outcomes.

1. PARTICIPANT SURVEYS
2. DECYP ATTENDANCE DATA
3. PARENT FEEDBACK
4. FACILITATOR OBSERVATIONS
5. TASMANIA POLICE DATA
6. SCHOOL FEEDBACK

LOOKING FORWARD

ROY demonstrated what can be achieved when schools, communities, government and youth organisations work together around a shared commitment to young people.

The evidence, partnerships and learnings generated through ROY will continue to influence youth engagement, school connectedness, developmental crime prevention and early intervention initiatives across Tasmania.

Most importantly, ROY demonstrated that when young people are provided with positive relationships, meaningful opportunities and supportive communities, they can build the confidence, connection and capability needed to achieve positive futures.

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KEY PRIORITIES FOR THE FUTURE

EARLY INTERVENTION
Continue investing in school-connected early intervention programs

SKILLED WORKFORCE
Retain experienced youth workers and strengthen workforce capacity

COMMUNITY BASED SUPPORT
Expand developmental crime prevention initiatives across Tasmania

STRONG PARTNERSHIPS
Maintain strong collaboration between services and communities

EVIDENCE-INFORMED PRACTICE
Continue measuring outcomes and investing in evaluation

CONTINUUM OF SUPPORT
Implement and strengthen systems of support across the continuum

REGIONAL AND REMOTE ACCESS
Increase access and outreach in rural and disadvantaged communities

CONNECTION & BELONGING
Recognise relationships, connection and belonging as foundations for positive outcomes

THANKYOU

Thank you to the young people, families, schools, community partners, funders, Regional Clubs, and PCYC staff who made ROY possible.

Together, we created opportunities, strengthened connections and supported positive futures for young people across Tasmania.

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> I AM PROUD OF MYSELF FOR DOING THINGS I WOULDNT NORMALLY DO
>
> ROY Participant